



Contemplative Tradition

“Discovering the Prayer-Filled Life”

Mystical pursuit of one-ness with God



Holiness Tradition

“Discovering the Virtuous Life”



Charismatic Tradition

“Discovering the Spirit-Empowered Life”

Cultivating a sensitivity to the wildness, presence and supernatural power of the Holy Spirit. Embracing the ecstatic, rejecting over-domestication.



Social Justice Tradition

“Discovering the Compassionate Life”



Evangelical Tradition

“Discovering the Word-Centered Life”

Focus on preaching the Gospel or “good news of salvation through Christ,” apologetics, mission, conversion, biblical fidelity, and sound doctrine.



Incarnational Tradition

“Discovering the Sacramental Life”

Focus on the affirmative relationship between spirit (sacred) and matter (profane). Positive views of work, family, social structures where positive. Stresses God’s presence, makes sacred the profane.

Categories adapted from Richard Foster’s *Streams of Living Water*, 1998

Given these emphases, which would be your preferred entry into Christianity if you had to choose one?

Which one would be most difficult as an entry point and why?

Which one[s] have you encountered and found difficult to engage? Why do you think that is?